



Stülpa®-fix

Instructions for dressing retention
with net tubular bandages



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Important information about Stülpa® -fix

Stülpa-fix is a highly elastic open-wove net tubular bandage for the rapid securing of wound dressings on all parts of the body.

Even complicated bandages can be easily applied within a short application time.

Because of the high elasticity and regain force, Stülpa-fix bandages are securely fixed and do not crease or cause a tourniquet effect.

They do not slip or sag. The net tubular bandage does not need to be changed in order to change the wound dressing.

Stülpa-fix can be cut through anywhere and in any direction or can be cut without tearing or fraying.

The high cotton content provides high skin tolerance. Stülpa-fix is unaffected by grease, ointments and perspiration and may be steam-sterilised.

This manual contains instructions for the most common dressing retention bandages.

All sizes at a glance

Stülpa-fix rolls

- Size 1 Finger bandages
REF 932 541
- Size 2 Hand and arm bandages, children's leg and foot bandages
REF 932 542
- Size 3 Leg and foot bandages, children's head bandages
REF 932 543
- Size 4 Head and children's trunk bandages
REF 932 544
- Size 5 Trunk bandages
REF 932 545
- Size 6 Large trunk bandages
REF 932 546
- Size 7 Extra-large trunk bandages
REF 932 547



Finger / multiple finger bandage

Dimension:

Depending on the finger size and number Stülpa-fix size 1 or size 2, approx. 30-35 cm

Version 1

Slip about one fourth of Stülpa-fix over the affected finger(s), twist the remaining tube once

and put it over the hand up to the wrist; make an approx. 5 cm cut at the palm of the hand

and insert non-bandaged fingers through the opening of the bandage.

Dimension:

Depending on the finger size and number Stülpa-fix size 1 or size 2, approx. 20-25 cm

Version 2

Slip about half of Stülpa-fix over the finger(s), twist the remaining tube once

and fold back over the finger(s).

Hand bandage

Dimension:

Stülpa-fix size 2, approx.
40-45 cm



Arm bandage / leg bandage

Dimension:

Depending on circumference of the arm Stülpa-fix size 2 or size 3, approx. 20-30 cm



Foot bandage

Dimension:

Depending on the size of the foot Stülpa-fix size 2 or size 3, approx. 40-50 cm



From Stülpa-fix slip about one third of the tube over the toes,



stretch the bandage width-wise at the heel and cut it off,



twist the remaining tube once,



thus uncovering the heel.



put over the foot to above the ankle joint,

Head bandage

Dimension:

Depending on the size of the head Stülpa-fix size 3 or size 4, approx. 50-60 cm



Version 1

From Stülpa-fix stretch about one third of the tube with both hands width-wise and guide over the head to the hairline,



stretch the remaining tube width-wise, twist it once or twice and put it over the head to the hairline,



lift bandage at eye level, make an approx. 10 cm horizontal cut



thus uncovering the face.



Version 2

Stretch 35-40 cm Stülpa-fix with both hands width-wise and guide over the head to the hairline.



The opening of the tube end leaves the face open.

Shoulder bandage

Axilla bandage

Dimension:

Depending on circumference of the chest Stülpa-fix size 5, 6 or 7, approx. 45-50 cm



Shoulder bandage

Make a 3-4 cm cut halfway in Stülpa-fix,



slip the tube with the cut upward over the arm up to the shoulder,



firmly pull the bandage apart, guide stretched cut over the head,



insert the arm through it,



and position the bandage.



Axilla bandage

The axilla bandage is applied in the same manner as the shoulder bandage.

Breast bandage

Dimension:

Depending on circumference of the chest Stülpa-fix size 5 or 6, approx. 55-60 cm



Make after 25 cm Stülpa-fix an about 2 cm horizontal cut,



at axilla level make an approx. 10 cm horizontal cut



slip the tube with the cut upward over the arm up to the shoulder,



and insert the arm through the opening.



firmly pull the bandage apart, guide stretched cut over the head, pull the remaining tube over the shoulder and upper arm,



Trunk bandage

Dimension:

Depending on circumference of the chest Stülpa-fix size 5 or 6, approx. 45-50 cm



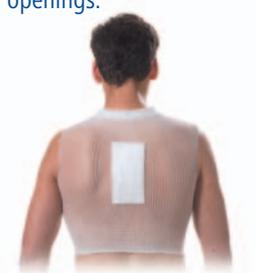
Stretch Stülpa-fix with both hands width-wise guide over the upper body,



at axilla level make an approx. 10 cm horizontal cut on both sides of the bandage



and insert the arms through the arm openings.



Thigh and hip bandage

Dimension:

Depending on the circumference Stülpa-fix size 5 or size 6, approx. 45-50 cm



Make a 3-4 cm cut in Stülpa-fix at about 1/3 of the length.



Insert one hand from above into the long tube piece and the other hand into the short tube piece and stretch the bandage width-wise,



guide the long tube piece over the injured leg and the short tube piece over the other leg. Pull the bandage up to the hip.



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